WLA 81:

BEGINNING OF ESTABLISHMENT OF A PROVISIONAL WORLD EXECUTIVE DESIGNATING A WORLD MINISTER FOR HEALTHY LIVING AND SPORTS[1]

Whereas, the current global circumstance of growth of urban populations with basic technological services covered and accelerated decline of rural populations, develops a mostly sedentary lifestyle. While in a good part of the rural areas, the original populations preserve ancestral knowledge about healthy life, in harmony with the environment and the properties of plants; In the cities, the constant consumption of processed foods is expanding, as well as the prolonged use of the internet through the various existing devices, with frequent work and consumption from a fixed point, which increasingly conditions a prevailing lifestyle with a deficient physical activity.

Whereas, with the sedentarism of means of transport and comforts in contemporary cities, the practice of walking, running or any other physical activity has been increasingly reduced, becoming the current and global main cause of non-communicable diseases such as overweight, hypertension, heart disease, depression, osteoporosis, diabetes, kidney failure, some types of cancer, etc. These diseases reach, in the first place, to attack the life and health of a large part of the population and also have an economic impact worldwide, since social security must attend to pharmacological treatments, surgical interventions, hemodialysis, complications due to Coronavirus and oncological therapies according to the type of disease.

[1] Proposal done by Abraham Quispe (Chemist) and David Quispe.

Whereas, that it is necessary, in addition to disseminating traditional knowledge and knowledge, promoting its interaction with other traditions, with global urban populations and scientific knowledge; take into account the effects of physical exercise and sport not as a competitive factor, nor as a promotion of passive spectators as occurs in the so-called Olympics and Soccer World Cups, but as a body knowledge of oneself and about healthy life in general, because this also to enable a better awareness of the most appropriate type of diet by allowing the recognition of foods that give more energy, makes the individual more aware of the effect of diet on their body, also enabling the reduction of aggressive and depressive personality traits that contribute to of both family and social violence, favoring a healthy lifestyle, which undoubtedly could have developed but prevented the onset of the Covid-19 pandemic, its spread on devastating scales today.

Whereas, that the creation of a Ministry of Healthy Life and Sports is appropriate, whose main function is to promote healthy life in a World Culture of Peace and brotherhood among the human beings of the Planet in their unity and cultural diversity of respect for the different, especially the populations. original. It is thus necessary from this Ministry to oppose the current prevailing Culture, dormant in its "well-being" of egoic, electrifying, competitive and violent consumption, a culture Conscious of responsibility with one's own body and the planet that develops a vision of sport in that axis and in its different versions. The principled change program proposed by the World Constitution requires, at the same time, a universal cultural change that must be promoted and in that sense the configuration of the Ministry of Healthy Living and Sports is undoubtedly an opportune and necessary step.

We delegates of the 16th session of the Provisional World Parliament, according to article 19.4 of the World Constitution, do hereby enact the following law:

Article 1. It is created the Ministry of Healthy Life and Sports, whose main function is to promote healthy living in a World Culture of Peace and brotherhood among the human beings of the Planet, through knowledge exchange activities healthy eating habits in cultural diversity, coming from original and scientific knowledge; as well as world conscious sports activities as an instrument of health and self-knowledge, including sports activities that spread the struggle for World Peace and the Conservation of the Planet as a common Human House.